

Kirinari
Enriching Lives



**Home Care
Packages**

Support 4 Me
Kirinari

Home Care Packages & Support4Me

Home Care Packages (HCP) are one of the ways that older Australians can access affordable care services to get some help at home. They are designed for those with more complex care needs that go beyond what the Commonwealth Home Support Programme can provide.

Your Support4Me Support Coordinator will coordinate the delivery of your help at home. Your Support Coordinator is expert in working with you to structure the best approach whether you need help with many everyday tasks, or the care you need is more complex or intensive.



The Support4Me philosophy

Our philosophy is to empower our customers to achieve full potential in their lives with comprehensive support programs.

Support4Me: enriching your community

Support4Me is a recognised industry leader throughout regional NSW and Victoria in providing Home Care Packages (HCP) level 1,2,3 & 4 to the elderly.

We offer a full range of support to HCS package holders, providing tailored solutions via our qualified, experienced and enthusiastic employees. We hold our customers at the core of our values and tailor our solutions to the individual challenges life can present.

We interweave ourselves into the fabric of their communities, with over 1000 Kirinari specialist and support staff employed across our network to ensure we remain local and in touch with the communities we support.

The Support4Me difference

Our values of empathy, balance, inclusivity, transparency, respect and resilience underpin and guide our culture, as well as the innovative way in which we provide our services and solutions.

Our customers' needs are not only met, but exceeded, through tried, tested and trusted solutions. You can feel secure knowing you are supported by Kirinari's vast network of resources, which have been developed over decades of customer experience and detailed local knowledge.

With a 'yes we can' culture, Support4Me has an unwavering focus on providing personalised care and establishing bespoke solutions to enrich the lives of our customers.

We have never lost focus on our main aim, which is to remain dedicated to enriching the lives of our customers, their families, and the communities in which we live.

Your Home Care Package

Your package will be designed in consultation with you. Support4Me will discuss your needs and depending on the level of your Home Care Package, tailor a solution that could include:

Bathing, hygiene, and grooming

- Help with bathing, showering, toileting
- Help with dressing/undressing
- Assistance with getting in and out of bed
- Help with washing and drying hair, shaving
- Reminders to take your medication

Nursing

- Wound care and management
- Someone to help you take your medication
- General health and other assessments
- General health and treatment education to improve self-management

Podiatry, physiotherapy, and other therapies

- Speech therapy
- Podiatry
- Occupational therapy or physiotherapy services
- Other clinical services such as hearing and vision services

Meals and food preparation

- Help with meal preparation (including special diets for health, religious, cultural or other reasons)
- Meal delivery services (excluding the cost of food)

Help with impairments or continence

- Continence advisory services
- Dementia advisory services
- Vision and hearing services

Cleaning, laundry, and other chores

- Help with making beds
- Help with ironing and laundry
- Help with cleaning like dusting, vacuuming, and mopping
- Help with unaccompanied shopping

Home or garden maintenance

- Fixing uneven flooring
- Cleaning gutters
- Minor garden maintenance including weeding, pruning, and lawn mowing



Changes to my home

- Installing easy access taps
- Installing grab rails in the toilet, bath and/or shower
- Installing a ramp
- Providing advice on areas of concern regarding the safety of your home
- Accessing technical assistance for major home modifications (that are not included in My Aged Care services)

Aids to stay independent

- Walking aids like crutches, quadruped walkers, walking frames, walking sticks
- Mechanical devices for lifting you in and out of bed
- Bed rails
- Aids like slide sheets, sheepskins, tri-pillows
- Pressure-relieving mattresses

Transport

- Arranging a driver service
- Providing transport vouchers and subsidies
- Assistance with shopping, visiting health practitioners, and attending social activities

Social outings, groups and visitors

- Arranging for a visitor to make in-home or telephone-based social calls
- Providing a companion to assist with shopping or getting you to an appointment
- Arranging social activities and providing or coordinating transport to social events
- Arranging for you to attend group-based activities in a centre
- Assistance setting up phone and internet communication services to keep in touch with loved ones
- A care worker visiting you in your home for a short period of time (for example, when your carer is away or unavailable)

What else could be included?

Home Care Packages are flexible; there may be other care and services that are suited to your needs. Together we will design a solution for you that:

- is directly linked to your identified care needs and goals
- will improve your health and wellbeing
- is necessary for you to remain living safely and independently in your home
- can be delivered within your Home Care Package budget, and
- would be considered an acceptable use of government funds.

All of our services are designed to enrich the lives of our customers through innovation, transparency and empowerment. We want our customers, and their families, to live their lives to the fullest.

Serviced areas

Support4Me provides HCP services throughout Regional NSW and Northern Victoria. Please contact us or visit our website to find out which services are available in your Local Government Area.

Contact us

To explore how Support4Me can enrich the lives of you and your loved ones.

Phone: 0478 180 075 **Email:** support4me@kirinari.com.au

Website: www.kirinari.com.au

Office locations

Port Macquarie Clarence House, 3/16 Clarence St,
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Tamworth 142 Bridge Street, Tamworth NSW 2340

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Social media

