

Kirinari
Enriching Lives



**Day Program
with Kirinari**

Kirinari is a recognised industry leader throughout regional NSW and Victoria in providing care and community services for disadvantaged youth, the elderly, people with a disability and the broader community. We have a long history of assisting our customers in living their best lives by helping them to access support services when and where required.

Our Day Programs are hubs where programs are specifically tailored for people to enjoy an inclusive and engaging environment.

Kirinari's day program activities are designed to help you live the life you want through a wide range of innovative and stimulating programs. There is an emphasis on learning practical life skills while building on confidence and social skills.

Out and About

Our fleet of transport vehicles can you get out and about in the community to explore new places and activities outside of our regular centre-based activities.

Some of our regular experiences and outings include:
(Depending on location and availability)

- Art classes
- Beach walks
- Bike Riding
- BBQ
- Café visits
- Community volunteering
- Computer training
- Concerts and shows at local clubs
- Cooking classes
- Dance classes
- Fishing
- Furniture restoration
- Gardening and planting herbs and veggies
- Horse riding
- Learning and life skill programs including literacy and numeracy classes
- Library activities
- Mosaic classes
- Sensory Room access
- Swimming
- Sports and gym activities
- Woodworking
- Yoga

Plus, a range of excursions to the movies, museums, festivals etc...



Our Day Programs are run from our various locations across regional NSW and are designed to provide a welcoming and supportive environment.

Each of our locations cater for varying levels of support and independence and consider the social and emotional supports of everyone to help ensure a harmonious space for all our participants.

The choice is yours!

Whether you decide you'd like to join a club, play a sport, go to the gym or maybe you want to try a new hobby such as dancing, swimming, acting, photography or music classes.

Benefits of Kirinari's Day Programs

All Kirinari Day Programs are staffed by highly trained support staff and leaders who ensure you receive exceptional and meaningful support.

Our enthusiastic team is passionate and committed to supporting you with your goals and aspirations. We will work with you and your family and carers to explore program options that are of interest to you and that suit your individual support needs.

Our Day Programs provide many short- and long-term benefits for both our participants and their families including:

- Community participation and inclusion in a range of leisure, sport hobbies and activities
- Learn new skills and to enhance the abilities you already have in an environment with others who share similar life experiences
- Meet new people, form friendships, build confidence and social skills
- Access to capacity building programs and initiatives to develop independence and real-life skills like self-care, travel, cooking, shopping, literacy and numeracy
- Be part of health and well-being initiatives and most importantly, have fun!



FAQs

How many Day Programs does Kirinari offer?

Kirinari hosts six (6) separate Day Programs; two sites located in Albury/Wodonga, and one each in Griffith, Katoomba, Bathurst and Lithgow, with more sites set to be established across regional NSW.

Our day programs provide a place for adults with disabilities to attend through the day to engage in social and organised activities that are specifically tailored to individuals' and/or group needs.

Our Day Programs cater for adults from different age groups who wish to benefit from the stimulation and involvement in our supported community programs.

Our Day Programs house purpose built communal living rooms, workshop areas, accessible facilities, entertainment spaces with formal and informal lunch areas.

What do participants enjoy the most about joining a Kirinari Day Program?

Participants at Kirinari's Day Programs enjoy exploring their community, developing new hobbies, and forming long lasting friendships.

Our programs build on social and life skills, as well as personal goals.

Our staff help to match participants to the best program to support their unique needs and interests.

The social interaction nurtured by being a part of a group is something everyone enjoys.

Our caring support staff and experienced educators use a **person centred approach** to foster independence and develop life skills.

FAQs

How many days per week can participants attend Day Programs?

Participants may choose to attend Day Programs on a part-time or full-time basis to meet their lifestyle and support needs.

Our day programs run between 9am – 3pm, Monday to Friday.

Participants can choose the hours/days they attend, based on their choice and NDIS funding.

What supports does Kirinari offer?

Each Kirinari day program runs activities that are unique to individual expressions of interest with some of our activities and programs including: a sensory room, computer programs, pool, basketball, gardening, bowling, karaoke, sewing, art therapy, music and drama workshops, to name just a few.

Experience the Kirinari difference

Our values of empathy, balance, inclusivity, transparency, respect and resilience underpin and guide our culture, as well as the innovative way in which we provide our services and solutions.

Your needs will not only be met, but exceeded, through tried, tested and trusted activities. You can feel secure knowing you'll be supported by Kirinari's vast network of resources, which have been developed over decades of customer experience and detailed local knowledge.

Contact us

Free call 1300 547 462

to explore how Kirinari can enrich
your life through our Day Programs!

Corporate office

Level 1, Northpoint Tower,
366 Griffith Road,
Lavington, NSW 2641

Phone: 02 6056 2111

Email: kirinari@kirinari.com.au

Website: www.kirinari.com.au

Regional offices

Hume

Albury, Lavington,
Wodonga

Riverina

Wagga Wagga, Griffith

Central West

Bathurst, Lithgow

Mid North Coast

Port Macquarie

Northern NSW

Tamworth

Blue Mountains

Katoomba

Social media

